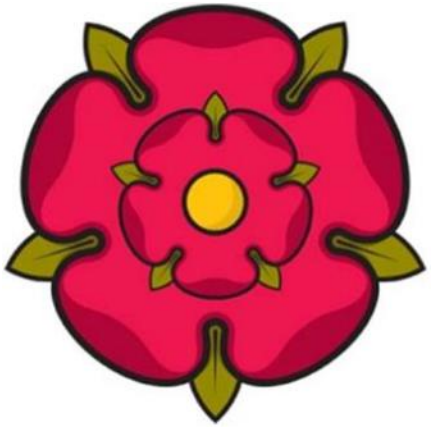
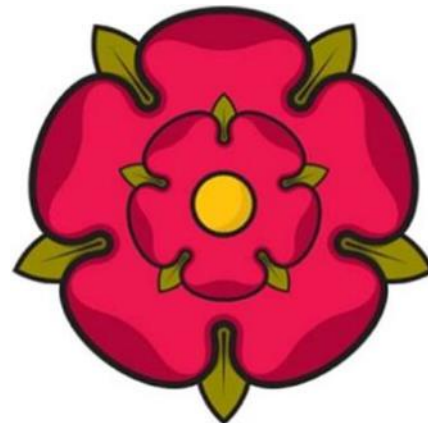


Enrichment and Wellbeing Options 2020



Choose one Enrichment option from the following list.

- EPQ- **This is only available if you take 3 A levels.**
- Level 3 Maths - **This is only available if you take 3 A levels.**
- Volunteering .
- FutureLearn or other online course such as MOOC.
- School Magazine production.



The following Enrichment choices are Level 3 formal qualifications. These options are **not available to students taking 4 A levels.**

- EPQ- This consists of 4 timetabled hours per fortnight that require additional hours of self directed research.
- Level 3 Maths- This consists of 8 timetabled formal lessons per fortnight in Year 12. There is an exam at the end of Year 12.



These Enrichment choices are options that do not involve a formal qualification.

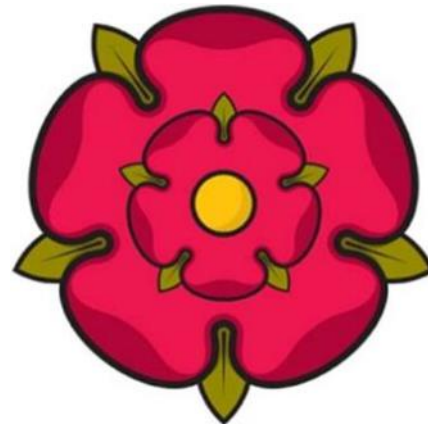
- Volunteering- This can be in or out of school – you arrange your placement. For the majority of students this will be timetabled for Friday afternoon to help you to arranged your placements. You will need to check your timetable in September as some A level Maths lessons will be on Friday afternoons. Every student should be able to identify one time slot a week where they can leave school to volunteer.
- FutureLearn or other online courses.
- School Magazine – Be part of the team that produces the school's yearly magazine "The Chronicle".



Wellbeing

This will be timetabled once a week on a Wednesday afternoon.

This is designed for you to have some time *AWAY* from studying.



Wellbeing – Options 2020



- PE** There are a wide range of activities available including outdoor team games, indoor games like badminton, time to use our Fitness Suite (gym) It is a good option to schedule in time to get moving!
- Yoga** A full time yoga teacher comes into school to deliver these sessions.
- Cooking** Can be baking or trying new recipes in preparation for student life.
- Board Games** Time to relax with friends to play games and catch up.
- Creative Writing** This option will help you advance your creative writing skills.
- Volunteering** For many of you this slot will be on Wednesday at the end of the day so it is possible to arrange your volunteer placement in this slot.