

# Lancashire Care NHS Foundation Trust

## Eating Disorder Service

[www.lancashirecare.nhs.uk](http://www.lancashirecare.nhs.uk)

West Lancashire Eating Disorder Service.

The service provides community support for people with complex presentations of eating disorder from age 16 upwards, and ensures smooth transition into the service from CAMHS for those approaching their 16th birthday.

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Visit [www.quitsquad.nhs.uk](http://www.quitsquad.nhs.uk)  
or call Freephone 0800 328 6297

### Eating Disorder Service

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#### Eating Disorder Service

Lancashire Care provides an Eating Disorder Service in Central, East and North and West Lancashire

Information regarding the services is provided below.

##### Central Lancashire Eating Disorder Service

The service provides community support for people with complex presentations of eating disorder from age 16 upwards, and ensures smooth transition into the service from CAMHS for those approaching their 16th birthday.

The team is multidisciplinary, including specialist nurses, GP, clinical psychologists and dietician. The team offers supported eating, psychological therapy and management of physical health issues associated with eating disorders.

Interventions provided include; Assessment; Care Planning and physical monitoring; Therapy 1:1 and groups; dietetics 1:1 and supported meal groups, systemic family therapy

The team work closely with other teams and colleagues to ensure the patients who need the service are referred appropriately from the wider LCFT network. We have strong links with local schools, colleges and universities additionally throughout central Lancashire.

##### Where do we provide this service?

###### Tudor House

18 Euxton Lane  
Chorley  
Lancs  
PR7 1PS  
Telephone: 01772 647072

###### The Oxford Annex

Foundations,  
Oxford Street  
Preston  
Lancs  
PR1 3SG  
Telephone: 01772 647004

##### How to access the service

The service will accept referrals from GP's, SPoA and other health professionals. We will also accept self-referral.

##### Referral Hub

Email: [EDS.Support@LancashireCare.NHS.UK](mailto:EDS.Support@LancashireCare.NHS.UK)  
Fax: 01282 614989

##### Postal address:

Pendle House  
Leeds Road  
Nelson  
Lancashire  
BB9 9TG