

# Sporting Extra-curricular timetable

	Lunchtime 12.35 – 1.05pm	Afterschool 3.45-4.45pm
Monday	Netball (all years) Dance – Year 7 Badminton Tag Rugby	Indoor Athletics Self-Defence- Active 8 Swimming
Tuesday	Dance - Team Running Club Table Tennis	Ludus Dance
Wednesday	Lacrosse Hockey Year 9+ Gymnastics Interhouse Dance – Senior Fitness Club - Year 7/8	
Thursday	Netball (all years) Gymnastics Non-Interhouse Dance – Fitness A-Level Drop In	Ball games
Friday	Hockey Year 7/8 Football Dance – Junior (7,8/9) Fitness Suite Year 9 GCSE PE Drop-in (Rm16)	